

TECHNICAL DATA SHEET



Product and origin

BRAND NAME:	NORDFISH
PRODUCT NAME:	COUS COUS AL SUGO DI SEPPIA
DESCRIPTION:	PRECOOKED COUS COUS WITH CUTTLEFISH TOMATO SAUCE IN VACUUM SKIN IN TRAY FROZEN
Country of origin:	Italy
Processing:	Cuttlefish cleaning. Mixing of ingredients and cooking. Addition of precooked cous cous. Vacuum skin packaging and freezing. CUTTLEFISH
Commercial name:	Cuttlefish
Scientific name:	Seppia officinalis
Origin:	France
Fishing method:	Trawl nets
Fishing zone:	FAO 27.7 – 27.7.e.
Processing country:	Italy
Packaging country:	Italy

Composition and allergens

GMOs:	Absents
Ingredients:	WATER, COUS COUS (DURUM WHEAT FLOUR,WATER), CUTTLEFISH 16,5% SAUCE (CUTTLEFISH , TOMATO SAUCE (TOMATO,SALT) , EXTRA VIRGIN OLIVE OIL, SHALLOT, PARSLEY, SALT, GARLIC, RICE FLOUR, SPICY CHILI PEPPER)
Allergens:	MOLLUSCS, GLUTEN, traces of CRUSTACEANS, FISH, SOY and SESAME

Product characteristics

Organoleptic characteristics:	Absence of unpleasant or pungent tastes and odours, flavours in accordance with the ingredients
Microbiological characteristics:	Listeria monocytogenes: Absent
Salmonella spp:	Absent
Escherichia coli	Absent

Average nutritional values per 100 g of product

energy kcal	154
energy kj	648
fats g	4,1
of which saturated fatty acids g	0,7
carbohydrates g	22
of which sugars g	1
fibre g	1
proteins g	7
salt g	0,57

Use, storage and packaging

Use instructions:	STORE AT -18°C. OPENED THE PACKAGE CONSUME WITHIN 24 HOURS. DON'T FREEZE AGAIN. IF YOU USE A PAN, DEFREEZE THE PRODUCT FIRST AND STIRRING HEAT OVER MEDIUM HEAT FOR 5 MINUTES. ADD A SPOONFUL OF WATER IF IT IS TOO DRY. IF USING THE MICROWAVE, WITHOUT DEFREEZING, PIERCE THE TRAY AND HEAT IT AT FULL POWER FOR 5 MINUTES. IF YOU USE A FAN OVEN, DEFREEZE and MIX FIRST AND THEN SET THE OVEN AT 180°C AND WARM IT UP FOR 5 MINUTES. IF IT IS TOO DRY ADD A SPOON OF WATER.
Packaging:	Black PP trays and film
Tray's net weight:	300 g
Tray's external dimensions:	230 X 145 X 30 mm
Secondary packaging:	400 X 600 X 150 mm master cardboard containing 24 trays, weight 7,2 kg
Pallet:	Disposable wooden euro pallet with 40 Master, 165 cm height, 960 trays and 288 kg total weight
Disposal instruction:	Tray and film made by PP-05, dispose in the plastic bin Check your municipality's regulations for waste disposal.
Shelf life:	365 days
Article code:	M139
GTIN/EAN code:	8056157023272
Preservation mode:	at -18°C degrees in freezer
Transport mode:	Refrigerated transport at -18°C degrees

Production and distribution

CE authorisation number:	
Produced and distributed by:	NORDFISH SRL Via Gaudenzio Fantoli 28/11 20138 MILANO - ITALIA C.F. e P.IVA 02802820304
LABEL:	